Ski Trip Alternative Assignment

Your task is to pick **one** activity from the list below and do a report about it. The sport/activity must be something that is played in an environment outside our gymnasium. The required topics of discussion can be found below. You may discuss other aspects of the sport if you so wish. It should be typed in 12pt font and double spaced. You will be expected to hand it in at the start of class on **Monday, April 1**. All writing should be in your own words and not copied and pasted.

1. Overview of sport – This should be a general description of the sport. How the sport works, general rules, goal, team based or individual. If I had never heard of your sport, I should be generally know what to do after reading your report.
2. History of sport – You need to describe the roots or history of your chosen sport. Be sure to include the country of origin and how the game was developed. Outline any major changes the sport has undergone throughout its history. You may also talk about famous players or athletes and how they made the sport more popular.
3. Safety considerations – What safety considerations do you have to keep in mind when performing the sport? Is there special equipment that each student will have to use? Are there any restrictions on equipment that students may use? What precautions should be taken in regards to the field of play?
4. Modified game – Modified games are mini games or versions of the sport meant to work on specific skills within the sport. You are required to create and explain at least one modified game. Make sure to describe your mini game thoroughly outlining all of the rules and goals for that game. Be sure to mention the name of your modified game and the specific skill it is meant to work on. An example of a modified game is “21” in basketball, meant to work on rebounding and shooting.

***Activities- (choose ONE)***

Sepak Takraw, Muggle Quidditch, Corfball, Hurling, Water Polo, Australian Rules Football, Frisbee Golf, Ultimate Frisbee, any other unusual “sport” you find interesting.